

HR CORNER

We are coming up on our "State of the Organization" staff meeting and I am so excited. I think this is going to be a great time to recognize our employees with years of service and also to give out great prizes. I am looking forward to seeing who won employee of the year. This is a great accomplishment. Nominees are chosen from those individuals who have won employee of the month. Employees of the month are chosen based on outstanding performance, excellent attitude, great patient/customer service and good attendance. You can participate by letting your supervisor know when other employees do great things in your department. I hope to see everyone there at the meeting. It is going to be great and we have an excellent speaker.

HR REMINDERS & UPDATES:

- 2009 Employee Handbook will be posted on the intranet by 02/13/2009
- Remember to submit your PL slip as soon as you return to work after a call in.
- Make sure to use the absentee call in line at 488-5256 ext. 1234

Fabiola Gonzalez and Luis Rodriguez are now certified through the state as Medical Interpreters.

Juan "Ramon" Garcia
Dental Assistant of the Month for January

Congratulations to EyeCare who was recently recognized by Marchon as leaders in the eyecare profession, providing excellence in product selections and customer service.

NOTES OF APPRECIATION

I would like to recognize Barbara Garza. She had a patient come in with a concern regarding his wife's medication. Since her provider was not available it was nearly impossible to get the refills since certain ones have to be with just their provider. After the patient took all the stress out on her, she called back to pharmacy explained the situation and was able to help the patient get the medication that was necessary. The patient probably didn't realize how much Barbara did to help him, but I believe it is something that should be recognized because dealing with patients that are upset can really take a toll on you and she handled the situation by putting herself in the situation while still keeping her professionalism. - Norma Torres

SPECIAL DATES

BIRTHDAYS

2/9	Dr. David Hofheins
2/10	Rodrigo Ozuna
2/15	Eriz Quiroz
2/16	Esmeralda Gonzalez
2/17	Amelia Munguia
2/18	Maria Martinez-Smoot
2/18	Edna Hymas
2/19	Monica Valdez
2/19	Emily Medina
2/19	Daniel Herrera
2/20	Cynthia Valdivia
2/21	Swati Kakodkar
2/24	Kathleen Coffman
2/25	Esther Delgado
2/25	Yolanda Martinez
2/25	John Moyer
2/27	Erica Martinez
3/2	Kassandra Garza
3/7	Maria Elena Barrios
3/8	Jamie Serrano

EVENTS

2/17	Winter All-Staff All clinics will close at 5pm
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The Fitness Challenge is off to a great start! As of the end of January, Heather Martinez, Quality Improvement Coordinator, was in the lead with 4.81% weight loss. Heather has been working hard in the gym to achieve her weight loss goals. In second place is Sabrina Almaguer, Dental Assistant. The team with the highest percentage weight loss is team 3 with 19.25%.

There are still two months left and plenty of time to up your percentage of weight loss. The Fitness Challenge doesn't end until April 3rd...so get moving CBHA!



CONGRATULATIONS JESSICA SMITH, PHARMACIST!



Jessica Smith, Pharmacist, replaced Jack Potter as Pharmacy Director on February 2nd. Congratulations to Jessica and we thank Jack for three great years as Pharmacy Director. Jack will still work with CBHA until his wife decides he needs to fully retire.

WELCOME DR. ELLEN ADUAN



Ellen Aduan, MD, was very pleasantly surprised the first time she visited CBHA. "It was like an oasis in the desert," she said. She hadn't expected to find "such a cutting edge clinic," in a small rural area of Eastern Washington. "It is on par with clinics found in much larger cities."

Dr. Aduan's childhood dream to become a physician became a reality when she graduated from the University of the Philippines in 1998. She completed a Residency Training Program in Pediatrics there in 2001. She had worked as an attending physician and clinical research associate prior to coming to Othello. "I am very excited about starting my pediatric practice here," she said. She enjoys the positive attitude of clinic staff and is eager to be a part of it. "The really exciting thing is that everyone in the area has access to the excellent care we offer."

"I love that children can be molded and nurtured into adolescents and then young adults," Dr. Aduan concluded. "It is fascinating to watch them develop." When not working, she plays badminton, enjoys traveling and reading.

DR. JOHN MOYER

A career dedicated to advocacy



Some of you know Dr. John Moyer from the monthly High Risk OB meetings, others may have met him when he was still coming to Othello to see patients. For those of you who don't know him, you've been missing out. Dr. Moyer lives in Spokane with his wife, Joanne, and is a former state senator and house representative. He has lobbied for health care reform for most of his adult life. Those that know him say he's one of the nicest doctors and toughest politicians they've ever met.

You may be wondering how Dr. Moyer came to work for CBHA. "It's a funny story, actually," said Dr. Moyer. "Leah Layne and Pat Schrom had come to Olympia to lobby him. Leah asked me if I knew about rural health care. I said I knew quite a bit, having worked as a locum and operated in most of the rural communities in Washington. She quickly responded by telling me that didn't mean anything and I really knew nothing."

Dr. Moyer was quickly convinced to work for CBHA to remedy his "lack of knowledge." In 1988, while in the legislature, he started taking call at the Othello Family Clinic every other

weekend. When he wasn't in session he came to Othello to see patients one day per week. Dr. Moyer served three terms in the House of Representatives and one term in the Senate. For eight years of that time he was working with CBHA. When he finished his time in the senate he continued to take call every other weekend and traveled to Othello to see patients when he could. Now Dr. Moyer participates in our High Risk OB Meetings once per month.

"Leah Layne told me I knew nothing [about rural health care]."

Dr. Moyer has been an amazing asset to health care and an advocate for uninsured patients. While in the house and the senate he was very involved in forming the Basic Health and First Steps Programs. He still serves on the Basic Health Advisory Board. Dr. Moyer introduced the bill for shaken baby syndrome, making it a crime to shake a baby. He lobbied very hard to get the Leah Layne Kidney Dialysis Center for Othello. He also did a lot of national lobbying.

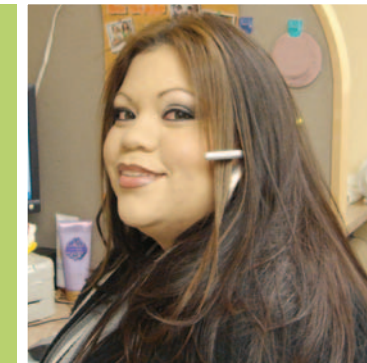
"Medicine and health care have always been the great love of his life," said Dr. Moyer's wife. CBHA and other health care centers have greatly benefited from that. It is, in part, because of Dr. Moyer that we are able to open our doors to anyone and everyone, regardless of their ability to pay.

Next time you see Dr. Moyer, thank him for the lifetime of work he's done to be a true advocate for rural health care centers like ours.

MISSION STATEMENT:

The purpose of Columbia Basin Health Association is to provide equal access to quality health care to all persons regardless of age, sex, color, ethnicity, national origin, or the ability to pay.

JESSICA RODRIGUEZ Employee of the Month for November!



Short Work Bio:

Jessica has worked in the call center for the past 5 years. She also serves as backup for the scheduler, trainer and Mail Clerk.

Fast Facts:

Jessica is about to celebrate her 10 year wedding anniversary! Her husband is Jorge Rodriguez in Billing. They are planning to throw a big celebration party!

Why She Won:

Said best by Kelly Carlson, Jessica's nominator and supervisor; "Jessica is a great employee. She is always willing to step up and help out in our times of being short staffed. She has multiple tasks outside of just being a call center technician. She is a hard worker and deserves to be recognized."

The Scoop:

When asked what she likes best about working for CBHA, Jessica said without hesitation; "my co-workers."

Jessica's Answers to Totally Ridiculous Questions:

What is your favorite mythological animal? Unicorn

What do you do as soon as you walk in the house? Turn on the light.

If you could have lunch with one celebrity who would you chose and why? Britney Spears, so I could ask her why she went looney.

Is the glass half full or half empty? Half empty.

What's on your iPod (or in your CD player)? Lil Wayne's in the CD player.

All time favorite word: Favorite phrase - "you gotta be kidding me."

Congratulations Jessica! CBHA is proud to have you as an employee and appreciates all the hard work that you do!

PATIENT APPRECIATION

I want to thank Dr. Schuler for taking such good care of my mom, Arlene Porter, during her recent hospitalization. He was very attentive to her needs and took time to explain her medical condition to our family. We all appreciated his kind and caring concern and helpful manner. - Arlene & Ted Porter, Linda Bork

CANCER PREVENTION

by Raylene Lawrence, PA-C



Cancer is the second leading cause of death in the U. S., killing more than 553,000 Americans each year. According to the National Institutes of Health, cancer-related health care and lost productivity in the U.S. cost \$189.5 billion in 2003. Lifestyle factors such as cigarette smoking, lack of physical activity, poor nutrition and obesity contribute to about 1/3 of United States cancer deaths each year according to the American Cancer Society.

The CDC offers a wealth of information on its website concerning cancer prevention. They also have a new section in Spanish called: Prevención y control del cáncer

The new, greatly expanded Cáncer en Español site provides accurate, evidence-based cancer health information in Spanish. The website is: <http://www.cdc.gov/spanish/cancer/>

On the CDC website you will find the most current recommendations on cancer screenings. Visit www.cdc.gov for more information or talk to your provider.