

HR Corner

CBHA Dress Code Reminder

The weather is getting warmer, but employees are still expected, at all times, to present a professional image to patients and the general public. Dress should match CBHA's image and maintain that image within the community. The following are things to keep in mind:

- Piercings (excluding ears) and body markings (tattoos, etc) are to be covered during work hours.
- Slacks - Cotton slacks are acceptable provided they are clean and wrinkle free. Inappropriate items include sweatpants, shorts, bib overalls, spandex or other form-fitting pants, and jeans. Capri type slacks and Capri pants are allowed but must be below the knee.
- Shirts - T-shirts, sweatshirts, halter-tops, tank tops, and shirts with large lettering or logos are not permitted.
- Dresses and Skirts - Casual dresses and skirts, jean skirts, and mid length skirts are acceptable. Spaghetti-strap dresses are not allowed.
- Footwear - Thongs and beach type sandals are not acceptable. Healthcare personnel must wear stockings and closed toe shoes at all times.

Employees with direct patient contact - Scrubs and/or smocks must be worn at all times while at work. The scrubs should not be excessively worn, frayed or wrinkled. If you are not sure if something is acceptable, choose something else or inquire first.

MAY DENTAL ASSISTANT OF THE MONTH ~ ELENA CASTILLO ~

NOTES OF APPRECIATION CONTINUED...

On May 12th Ethan Washburn didn't have any nursing staff. **Erica Martinez**, **Monica Valdez** and **Esmeralda Campos** moved his rooms and had his fee slips sent to central so he could see his patients without making them wait. - Tari Perez

Thank you **Cristina Martinez-Smoot!** She helps us cashiers when we are behind in keying in our fee slips and she finishes up what she has to do to help, but never puts aside her customer service for the patient. If we are busy with patients and she sees someone in line to speak with us she takes the time to answer billing/cashier questions or takes the fee slip and always does it with a smile and great attitude.

Thank you **Oralia Arreola** for always staying busy and keeping up with cleaning your assigned areas. Thank you always bringing supplies to us super fast when we request them. - Luz Menendez

Joe Vela was kind enough to do instruments for me since I didn't have a chance to do them earlier. Thank you! - Pamela Vazquez

After clocking out for lunch, **Edna Hymas** saw that I had fee slips piled up. She took the patients back to help us out all while she was supposed to be on her lunch. Thank you Edna! - Crenna Irizarry

SPECIAL DATES

BIRTHDAYS

- 6/14 Cheryl Gutierrez
- 6/15 Telly Cantu
- 6/15 Barbara Mies
- 6/18 Alica Munoz
- 6/23 Richard Bunch
- 6/23 David Gaimari
- 6/26 Shannon Springer
- 6/26 Abraham Martinez
- 6/28 Irma Pulida
- 6/28 Priscilla Mendoza
- 6/30 Crenna Irizarry
- 7/1 Raylene Lawrence
- 7/2 Maggie Perez
- 7/3 Jon Krupa
- 7/5 Marilyn Eidahl
- 7/5 Alejandra Porfirio
- 7/8 Alejandra Ruiz
- 7/8 Janette Castro
- 7/9 Aleta Cheek

HOLIDAYS & EVENTS

- 6/20 Father's Day
 - 7/4 Independence Day
- Clinics closed on July 5

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ANNOUNCEMENT

The Vital Signs will continue to be mailed to the homes of employees. Instead of going out with the first paycheck every month, it will be mailed the second Friday of every month.

READY FOR THE RETIRED LIFE...

After 11 years with CBHA and more than 40 years as a licensed Pharmacist, Frank is ready to move on to the good life.



Frank Nichols, Wahluke Family Clinic pharmacist for the past 11 years, has retired. His last day was May 28th. It is with mixed emotion that he leaves the area. "I like the people who come into our pharmacy," he said. "They are patient if they have to wait and very appreciative of the service we provide. I try to answer any questions they have."

Frank was born and raised in Vancouver, WA. He graduated from WSU in Pullman, WA in 1965. He supported himself in school by working in a meat market and also on a raspberry farm in the summers. He wrestled in college and continued afterwards with a private athletic club. He was named National Master Heavy Weight Wrestling Champion in 1979. Frank worked in retail pharmacy outlets on the west side of the state for a number of years. It was while he was working in Bellingham, WA that he met a number of people from Mattawa who filled prescriptions at the pharmacy where he worked. He remembers feeling sorry that they didn't have a pharmacy in their town. "I didn't realize at the time that I would eventually be able to serve them at a clinic in Mattawa."

Frank accepted a position at the State Penitentiary pharmacy in Walla Walla, WA in 1984 and worked there until 1990. He returned to retail pharmacy for a few years and then joined the CBHA

pharmacy staff in 1999. "I've enjoyed the support CBHA has given me over the years," he said. "I've also been privileged to have had a lot of talented help at the Wahluke Family Clinic."

When asked about advice he might pass on to other pharmacists, Frank recommended support socks. "I inherited a circulation problem in my legs from my grandfather," he said. "The doctors recommended support socks to keep the circulation going and that has helped me a lot. Anyone who is on their feet all day should wear them. Pharmacists stand most of the day and that is bad for circulation in the legs."

Frank has lots of interests and plans for his retirement years. He has always enjoyed photography. "I need to upgrade to a digital camera," he said. He also plans to do some gold prospecting. "Mountain streams in Washington seem to be a good place to start," he said. Frank's family has lived in Walla Walla for a number of years and that is where he will spend his retirement. His wife is employed there as a rural mail carrier. Their son and daughter also live in Walla Walla. He is the proud grandfather of a 12 year girl who "is the smartest girl in class and also plays the violin."

Thank you Frank, for 11 years of exceptional service to the people of Mattawa and to CBHA! We will miss you!

Graduates

Jason Koepke

- Othello High School
- Proud Parents: Chuck and Loretta Koepke
- Will attend the Musicians Institute in Hollywood, California for a Bachelor of Music in Performance and Audio Engineering.
- Louis Armstrong Jazz Award. Certificates in Music Business, Performance, Guitar Craft, and Audio Engineering in Music Video, Film and Television. Earl Horning Scholarship, Othello Choral-Orchestra Society Award, and Jacksen Ashton Foundation Scholarship.



Coner Patrick Hamilton

- Othello High School
- Proud Parents: Peggy and Ray Hamilton
- Will attend Big Bend Community College to play Baseball. He would like to be a Physical Therapist.
- Othello High School Student of the Month, Athlete of the Month twice, 1st Team All League Football, 1st Team All-Area Football and 1st Team All-State Football. All League Baseball and All-State Feeder Game for Baseball. Team Captain for Football and Baseball.



Maria Espinoza

- Othello High School
- Proud Parent: Flavia Lauriano
- Will attend Big Bend Community College



Lisa Monique Miranda

- Othello High School
- Proud Parent: Beatriz Miranda
- Will attend Columbia Basin Community College for two years and then transfer to Central to pursue a career in music and education.
- Outstanding Musicianship Award, Outstanding Soloist Award, Charlie Peralta Memorial Scholarship, Tissam Scholarship



Please Welcome Nathan Spinelli to the CBHA Pharmacy Team!

Nathan is a recent graduate from Washington State University School of Pharmacy. He grew up in Spokane, Washington and chose to come to Othello because of the small town feel. He wants to be part of a small community and enjoy the country lifestyle. Nathan decided to join CBHA because it is very community and family oriented and provides a good work atmosphere for all employees.

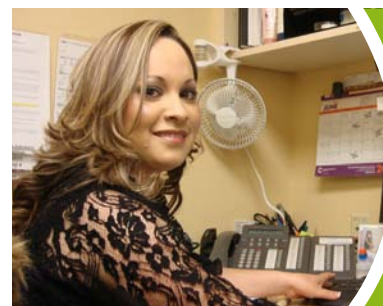
"I wanted to become a Pharmacist so I could help people make good decisions about their healthcare and provide information about medications, lifestyle and overall well-being," Nathan said.

Nathan brings to Othello with him a wife and two children. He enjoys exercising, cooking, gardening and golfing. He says he is "rusty-fluent in Spanish." He learned to speak in Spain and says he needs to brush up and learn the new dialects.

If you see Nathan in the Pharmacy or in the hall make sure to give him the old CBHA welcome!

MISSION STATEMENT:

The purpose of Columbia Basin Health Association is to provide equal access to quality health care to all persons regardless of age, sex, color, ethnicity, national origin, or the ability to pay.



CONGRATULATIONS!
Veronica Gonzalez
EMPLOYEE OF THE MONTH
FOR MARCH!

Short Work Bio:

Veronica is a Call Center Technician. On top of making appointments for our patients, she is also a scheduler. This means she inputs all the medical, dental and eye care appointments in Centricity. She is also the call center trainer, meaning she trains anyone newly hired to the call center.

Fast Facts:

Veronica just moved into her new home in December. She's been painting and remodeling with the most important people in her life; her husband, Alejandro, and her 3 girls Cassandra (8), Stephanie (4) and Jazlynn (2).

Why She Won:

Veronica's supervisor, Kelly Carlson, called her a "hard worker and someone you can rely on." The praise didn't stop there; "She is a team player and always does her best regardless of the situation. She is a 'go to' person for our department and all the Call Center employees look to her for advice on situations they are unsure how to handle. She has a difficult job in ensuring that she accurately inputs our schedules in a timely fashion. She does an excellent job and is very deserving of this award."

The Scoop:

Veronica is always smiling and eager to help. Melinda Flores said, "She has excellent customer service every day, is very well organized, patient and friendly. She is always going above and beyond for the entire organization."

Veronica's Answers To Totally Ridiculous Questions:

Your least favorite food? *Anything with spinach*

Last place on earth you want to go: *Jail*

If you could do anything you wanted as a profession, what would you do? *Remodeling houses! It's fun!*

What is your ringtone on your phone? *Whatever plays on my iPhone. I don't even know.*

Favorite horror movie? *Paranormal Activity.*

What was the last movie you went to see in the theater? *Alvin and the Chipmunks, the Squeakquel. I took my girls.*

If you were stuck on a deserted island (with a TV and a CD player) and could only have one book, one CD and one movie, what would they be? *For the CD: Incotable, for the book: Twilight, and for the movie: Love and Basketball.*



CFDC Grand Opening - A Success!

The CFDC Grand Opening brought in many guests eager to view our new facility. Everyone at the event witnessed quite a surprise when Representative Susan Fagan, 9th District, showed up to join the festivities!

Spark Points

for May

The names in bold were recognized by a patient. Names highlighted are Firestarters!

Employee	Total Points
Alejandra Porfirio	1
Bashar Elali	5
Cheryl Gutierrez	6
Cynthia Valdivia	2
Edelmira Gonzalez	1
Erica Garza	4
Erica Martinez	4
Garret De Castro	2
Jonah Christian	1
Julie Ortiz	1
Lucia Gonzalez	1
Marisol Velazquez	4
Marvis Jones	1
Melissa Alvarez	2
Regina Perez	2
Tim Seibel	1
Vanessa Saucedo	2
Virginia Avalos	2

NOTES OF APPRECIATION

I would like to recognize **Virginia Avalos** for her outstanding team work. She offered to go to Mattawa for me on a Friday when there was a call-in and I needed to stay for a dental appointment. She didn't hesitate to change her schedule to accommodate a staff member's situation. - Erica Martinez

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